



**You want to work**



You are any age.

You may be a young adult. Like

- 20
- 25.



You may be an adult. Like

- 31
- 45.



You may be more than 55 years old.

Like

- 58
- 75.



Work can make you feel good.



You feel like you belong.

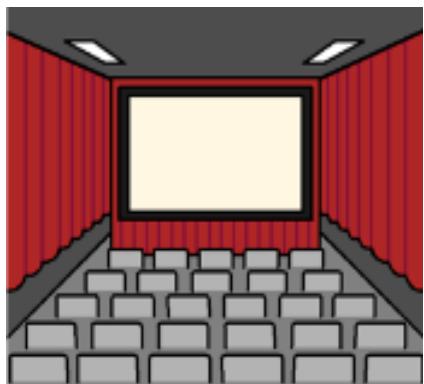


You get your own money.



You can pay for things you need. Like

- food
- your bills.



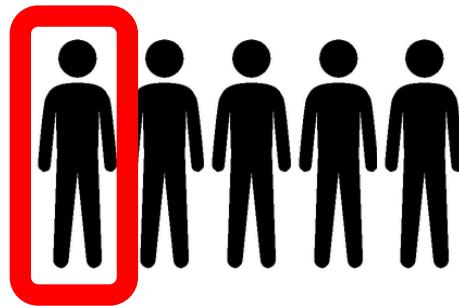
You can pay for things you want. Like

- the movies
- coffee at a cafe.



Each person has the right to

- work
- get money from a job.



Some people have **no** job.

**But**



Lots of people with cerebral palsy  
do **not** have a job.

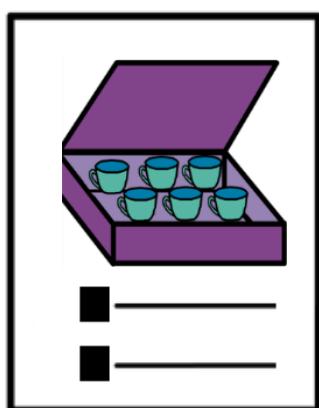


## What makes work hard?



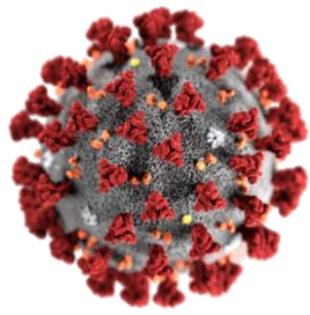
It may be hard to get to work. Like

- you can **not** get the bus
- there is **no** car you can use.



It is hard to learn your job.

You may need help to learn the steps.



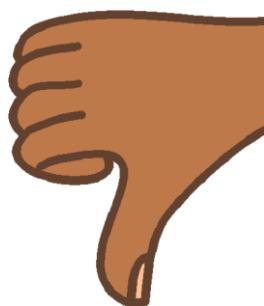
## COVID 19

It changed how people work.



More people work from home.

**But**



You can **not** do your job at home.



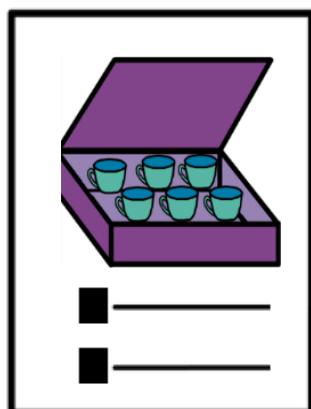
## **Some good things**



Bosses know more about disability now.

They think about what you can do.

It helps you to get a job.

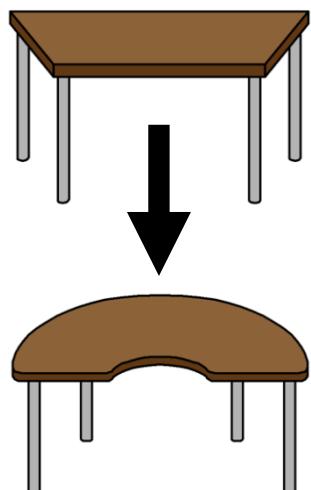


Some jobs help you learn the steps.

It helps you do your job.



## You have rights at work



You must have what you need.

It may be you need a different desk.

It fits your wheel chair.

You can reach the things you need.

You can do your job.



You may need tools. Like a switch to use the computer.



It must be easy to move at work.

Like you can

- use the toilet
- get in the building.



You must get the help you need.

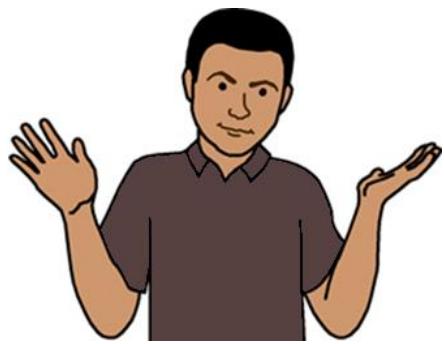
Like help to get to the toilet.



You must have space.

You can move around

- your desk
- the rooms.



**What can you do?**



Tell your boss what you need.



You can get help to learn your job.



You can get help to do your job.

Like you do lots of talks.



You need help to pack your things.

A person packs your things.



It can be hard to work.

You may get very tired. That is OK.

Sun	Mon	Tue	Wed	Thur	Fri	Sat

You can work 2 days a week.

Like you work each

- Monday
- Thursday.



You can get help with your money.

Like help to plan how you use money.



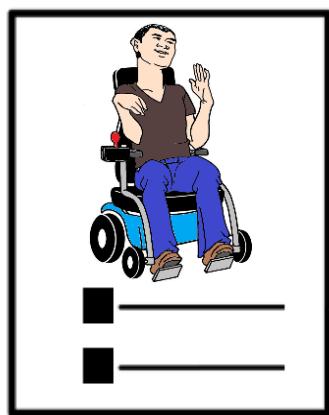
An OT can help you. They look at the

- place you work
- the jobs you do
- how you do the jobs
- what help you need.



You can talk to a person.

They help you think about your work.



You may want help to find a job.

Like help to write what you can do.



You can ask for a person to talk to.



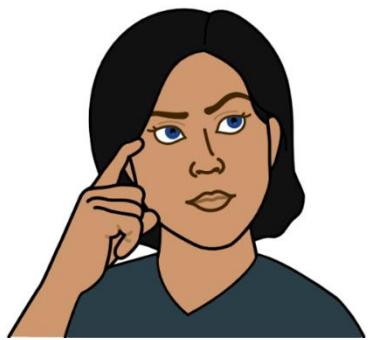
They may be at

- Centrelink
- a job centre.



Talk to them about

- what you want to do
- how to find jobs.



They think about

- what you can do
- what you want to do
- things that can help you.



You can get help to speak up.

Like have a support person with you.



**You can choose to stop work**



You may want to do a different thing.

Like study.



You may have pain.



You may be old.

You do **not** need work money now.



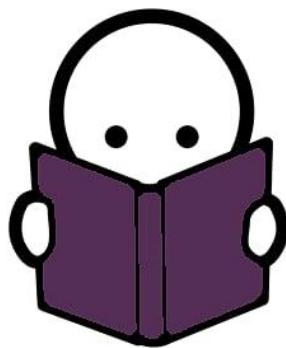
Talk to your boss.



Talk to your health team.

Like a social worker. They help you plan

- what you will do
- how to meet people.



**You want to know more**



Read

**Things to help you.**

Or



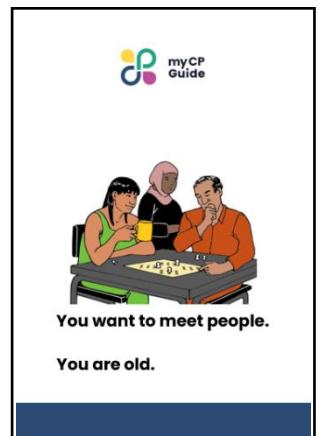
**Things to help you. You are old.**



Read

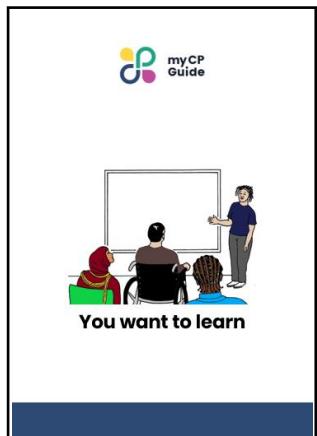
**You want to meet people.**

Or



**You want to meet people.**

**You are old.**



Read

**You want to learn.**



Read

**You do things for fun.**

Or



**You do things for fun. You are old.**