



You want to meet people



You may be a young adult. Like

- 20
- 25.



You may be an adult. Like

- 31
- 45.



You want to feel like you belong.

You feel good when

- you care about others
- others care about you.



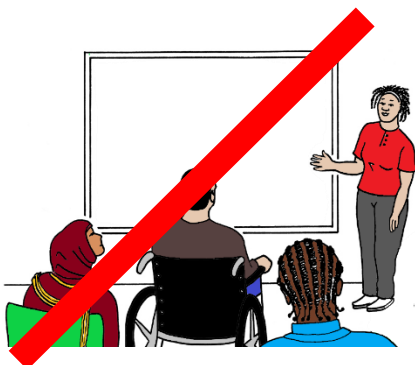
It can be hard to

- meet people
- go out.

You may need staff to help.



You may **not** work.



You may **not** study.

You do **not** meet new people.



Your communication



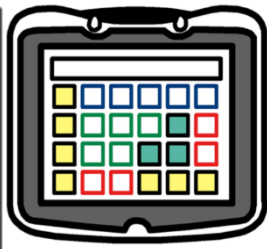
You want to

- say things
- be understood.



It may be hard to

- talk with new people
- find people who understand you.



You may use

- a board
- a machine that talks out loud



- speech
- your hands. You may sign.



People understand you. You can

- talk about what you like
- talk about what you do
- make friends.



Read

You want to talk to people.



Lots of adults think about

- a special friend
- sex.

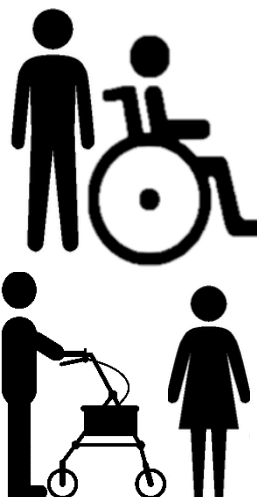
That is OK.



You may worry. You may ask

- do they like me?
- do they like me a lot?

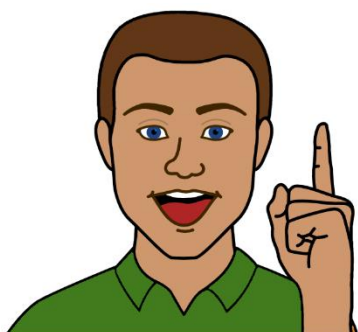
How do you know a person likes you?



All people can feel like this.



What can you do?



You can try new things.

It helps you feel like you belong.



You can join a group. Like

- the gym
- art class.



You can look for a job.



There are different jobs. It may be you

- get paid for your work
- you do **not** get paid.



You can get help from a speechie.

You may need a

- machine that talks out loud
- board.



They can help you be with friends.

Like you know

- what to say
- what to do.



Talk to people you trust. Talk about

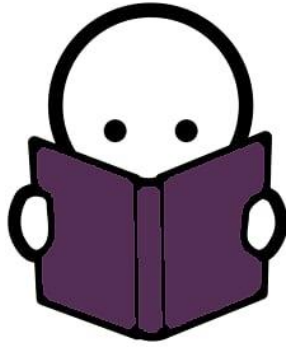
- how you can meet people
- what you want to do
- what you need.



They check you have the help you need.

Like staff to

- drive you
- help you eat.



You want to know more



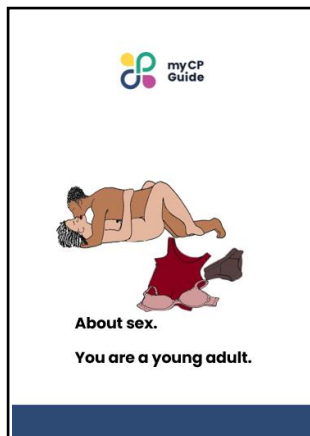
Read

You do things for fun.



Read

You want to talk to people.



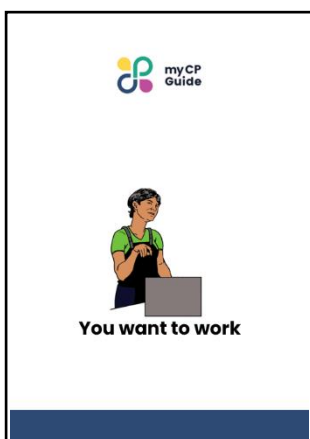
Read

About sex. You are a young adult.

Or

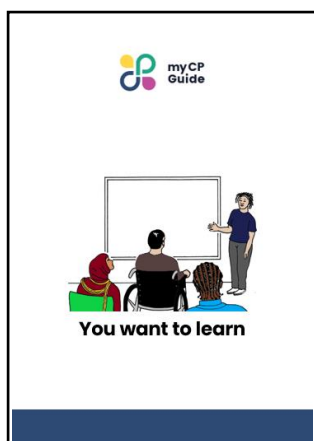


About sex. You are an adult.



Read

You want to work.



Read

You want to learn.