



**myCP
Guide**



About cerebral palsy.

New ways to help.



You are any age.

You may be a young adult. Like

- 20
- 25.



You may be an adult. Like

- 31
- 45.



You may be more than 55 years old.

Like

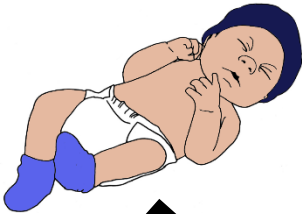
- 58
- 75.



Cerebral palsy is a brain problem.

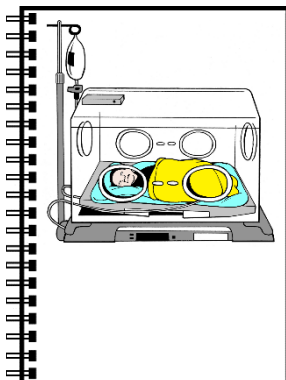
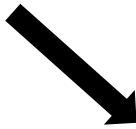
We will call it CP.

It is hard to move your body.



CP is for all your life.

Your CP does **not** go away.



There are studies about CP.

The studies think about

- how you get CP
- ways to help CP
- how to know a new baby has CP.



Doctors know some things about CP.

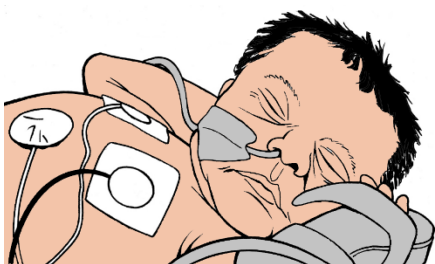
But



There are things doctors do **not** know.

Like

- what can make your CP go away
- how to stop CP in babies.



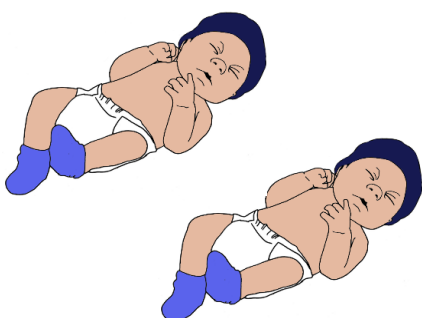
Babies can get CP.

Like a baby was born early.

The baby came at just 6 months.

Most babies come at 9 months.

Or



More than 1 baby is born.

It is at the same time. Like twins.

Or



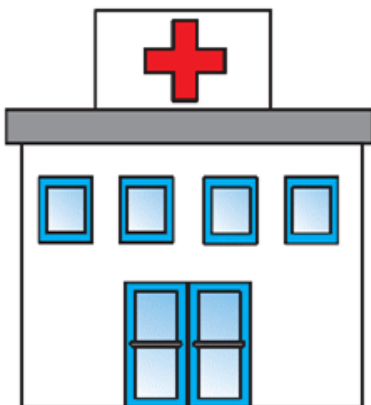
A baby is born. There is a problem
at the birth. Their brain gets hurt.



Help for babies



There are new ways to help babies.



A baby is born early.

Doctors may keep a baby in hospital.

They get special care.



Doctors may

- give the mother needles.

It is before the baby is born.

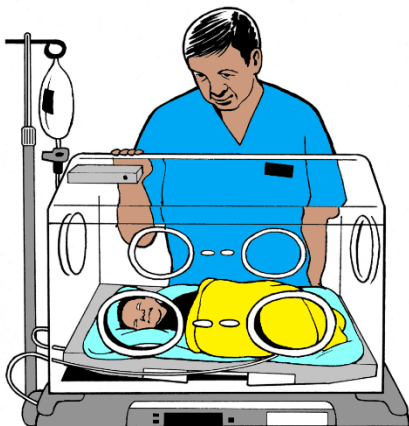
- give the baby some medicine.



A baby is born at the right time.

They came at 9 months.

But



They need help.

They may have special therapy.

Like the doctors keep the baby cool.



There are health clinics.

They check babies.



They can do tests. Like a brain scan.

The tests may show a baby has CP.



You know a baby has CP.

They can start to get help. It may be for

- how they move
- how they grow
- how they learn.



Other things can help. Like

- babies have their needles
- health information for parents

or



- new ways to do operations.

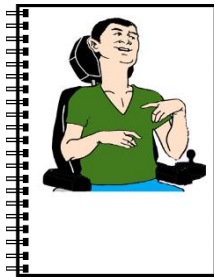


Babies have this help.

Less babies get CP now.



What may help you?



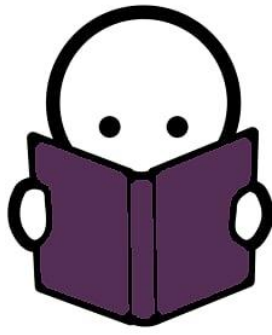
More studies will help. We want to know

- the best way to help your CP
- new ways to stop CP in babies.



Studies check new ways to help you.

Like a way you can move better.

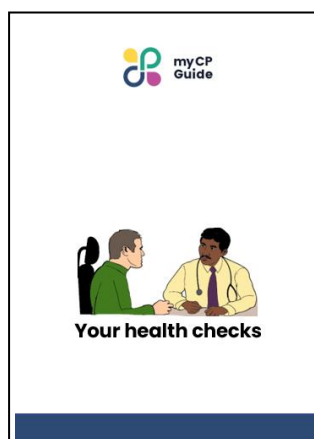


You want to know more



Read

Your health team



Read

Your health checks